

## Health Care

Quesnel is served by approximately 550 health care workers providing the following services:

- GR Baker Memorial Hospital—31 bed acute care facility with 5 ICU beds
- Services on site include two internists, an urologist, an ENT surgeon and 2 general surgeons
- Extended Care—Baker Lodge—40 beds
- Intermediate Care—Dunrovin Park Lodge—76 beds
- QUESST-(Quesnel Unit for Emergency Short Stay Treatment)—5 beds
- Health Unit providing amongst other services, Continuing Care and Homemakers' Services (including Meals on Wheels)
- Mental Health Centre
- 5 Medical Clinics
- Dental, Optometry and Chiropractic Services
- Ambulance Service
- Search & Rescue

Hospitals		# of Beds
# of Hospitals	1	36
# Seniors care facilities	3	167
# of Physicians & Dentists in the Area	Physicians	Dentists
	12	9
Ratio per 1,000 Population	1:771	1:1040

### **G.R. Baker Memorial Hospital**

Quesnel's GR Baker Memorial Hospital was built in 1955, replacing two earlier hospitals, and has undergone several expansions. The 31 bed acute care facility, now operated by the Northern Health Authority, has 5 ICU beds and a wide variety of specialized equipment. It provides full inpatient and out-patient care, emergency services, surgery, maternity, occupational therapy and physiotherapy. Nineteen general practitioners and 6 specialists, including an internist/cardiologist, an urologist, an ENT surgeon and general surgeons service the hospital. The Auxiliary to GR Baker Memorial Hospital, first established in 1910, operates the gift shop in the hospital.

### **Dunrovin Lodge**

The newly expanded Dunrovin Lodge, also operated by the Northern Health Authority, now houses 76 permanent residents and including two rooms for their Respite Program. The Adult Day Care Centre provides an opportunity for our elderly community member to socialize, have a hot meal

and participate in various activities for up to three days a week. Dunrovin's expansion included the creation of Maple House, a 21 bed dementia-care unit. With its relaxed schedule and "gentle care" environment, residents' rights and dignity are maintained. Families are welcome to visit and participate in activities.

### **Fraser Village Home**

57 individual apartments rented to senior citizens. Facility includes the Golden Age Centre, and Old Age Pensioners' drop-in centre.

### **Baker Lodge Extended Care Unit**

Baker Lodge Extended Care Unit, attached to G.R. Baker Memorial Hospital and operated by the Northern Health Authority, provides 24 hour nursing care for people requiring extended or complex care. A new facility is currently under construction.

### **Community-based health services**

The Northern Health Authority operates Public Health nursing and provides immunization, growth/developmental/parenting services, pregnancy information, as well as, new infant drop-ins, and TB testing. The Continuing Care Division programs also referred to as Home and Community programs include long-term care, home nursing care, community rehab/physio, and health services for community living.

The Northern Health Authority also offers a number of health and wellness programs. Some of these include public health promotion, mental health, continuing care, speech therapy, dental hygiene, and maternal wellness. It employs an environmental health officer, who identifies environmental hazards and performs public health inspections. It also employs a licensing officer who is responsible for ensuring that facilities, such as daycares, are safe in terms of public health.

### **Public Health School Program**

- health care consulting and resource to PACs, parents, children
- kindergarten vision, hearing, speech screening
- medic alert
- immunizations
- health, lifestyle and safety education
- communicable disease immunization
- administers Healthy Schools – provincial program
- maturing, body image, eating disorder programs
- tobacco prevention
- birth control education

## **Other Health Service Providers**

Child and adult counselling, psychiatric referrals, family counselling and suicide prevention are some of the services provided by the Mental Health Centre, operated by the Northern Health Authority. The Quesnel Addiction Services Society provides free, confidential counselling service to anyone in need and several programs. The Quesnel and District Palliative Care Association consists of a group of volunteers who provide support to people who are dealing with a life threatening disease in their family.

### **Medical clinics**

Three clinics accommodate most of Quesnel's doctors. Specialist services are provided by specialists, local physicians and other physicians who visit Quesnel on a regular basis. Several dental groups and independent dentists are on hand to tend to dental needs. Orthodontic and denture services can also be found locally.

### **Business-oriented health services**

Most large industrial firms employ their own Occupational Health Nurses/Attendants. In addition, industrial hearing and noise level testing is available in Quesnel. There are several facilities which have rehabilitation capabilities, including: Gold's Gym, the Rec Centre, and Pro-Vita Rehabilitation. Occupational First Aid courses are available through School District #28 and Continuing Education.

### **Other health care**

Many other health care options are also available in Quesnel. Eye care needs can be met by local optometrists and opticians. Chiropractors and physiotherapists are on hand to deal with injuries, aches and pains. Naturopathic care is provided by a local naturopath. Massage therapy, acupuncture and aromatherapy are just some of the alternatives to traditional medicine that are also available. Local health food stores provide various health-related products.